

LIGHTEN UP

- HUMMUS + PITA** 10
CHICKEN KARAAGE 14.5
 Crispy fried marinated chicken, ginger sesame soy sauce, daikon slaw.
CALAMARI 11
 Crispy Ocean Wise calamari rings, sweet orange chili sauce, chili chive aioli.
LOBSTER DIP 14
 Creamy lobster dip with spinach and cheese, served hot with fresh pita.
EGGPLANT RAVIOLO 12
 Crispy eggplant, spinach and mushroom ragù, arugula, parmesan.

GREENS

- MIGHTY KALE** 15
 Our signature salad! Green kale massaged with Spanish olive oil and lemon juice, oregano vinaigrette, hemp hearts, croutons, parmesan, fresh bread.
KOREAN BBQ 18.5
 Choice of Chicken or Salmon, glazed with Korean BBQ sauce. Mixed greens, pickled carrots, red onion, daikon, wakame, kimchi, sesame seeds, jalapeño tahini vinaigrette, fresh bread.

CALL IT A COMBO

- SOUP + SALAD** 14.5
 Your choice of soup and Mighty Kale salad, fresh bread.
SOUP + TOAST 14
 Your choice of soup and your choice of toast.
SALAD + TOAST 14
 Mighty Kale salad and your choice of toast.

Enjoy the best of both worlds!

SOUP

- Bowl served with bread** 7.5 **Cup** 4
AYURVEDIC SOUP "ah-yer-vey-dik"
 Organic green kale, white quinoa, roasted sweet potato, coconut cream, butternut squash, tomato and fresh ginger infused with Leyda's blend of ancient Ayurvedic spices.
SOUP OF THE DAY
 Ask about our chef's daily creation.

BOWLS

- ENCHILADA** 14.5
 Lentils and pinto beans in enchilada sauce, brown rice, cherry tomatoes, chives, kale, olives, cilantro, avocado, piquillo peppers, crispy tortillas, sour cream.
POKÉ 17
 Poké style salmon, cucumber, carrots, kimchi, avocado, green peas, daikon, green onion, wakame, brown rice, wasabi aioli, ponzu.
POWER 15
 Quinoa, avocado, hummus, pickled carrots, roasted beets, radish, cucumber, bok choy, pumpkin seeds, miso sesame dressing.

GET TOASTY

- AVOCADO** 8.5
 Smashed avocado, arugula, radish, hemp hearts.
HUMMUS + ASPARAGUS 9
 Garlic hummus, roasted asparagus, spicy honey.
SCANDI 9
 Piquillo peppers, salmon gravlax, brie, parsley, tomato, olive oil.
HARVEST 9
 Roasted merlot apples, beets, goat cheese, spicy honey.

Put an egg on it! 3

BRUNCH

- SCRAMBLER** 16
 Choice of Bacon, Bison Chorizo or Spinach Mushroom Florentine. Two organic scrambled eggs, sweet + local potato hash, mozzarella. Served with fresh greens and toast.
MEXI-BREAKFAST CUPS 16
 Crispy tortilla cups filled with lentils and pinto beans in enchilada sauce, poached eggs, avocado, cheese, cilantro, green onions. Served with fresh greens.
STUFFED FRENCH TOAST 14.5
 Vanilla French brioche stuffed with mixed fruit and berry goat cheese filling. Drizzled with maple syrup and topped with whipped coconut cream.
BREAKFAST SAMMIE 9.5
 Choice of Bacon or Spinach Mushroom Florentine. On a buttery brioche bun with tomato, greens, avocado, mozzarella, an over-easy egg, chili chive aioli.

HAND-HELD

Served with Mighty Kale Salad
 Substitute a cup of soup 2.5

- CHICKEN SALAD SANDWICH** 14.5
 Roasted chicken roulade with sundried tomato mayo, greens, sliced tomato, avocado, red onion.
VEGGIE WRAP 14.5
 Greens, pickled carrots, tomato, avocado, cucumber, red onion, radish, sundried tomatoes, hummus, oregano vinaigrette in a tapioca wrap.
VEGGIE BURGER 16
 Lentil, quinoa and sweet potato patty, roasted red pepper, mozzarella, tomato, pickled onion, arugula, chili chive aioli, oven-roasted fries.
BISON BURGER 18
 Grass-fed bison ground fresh, sautéed mushrooms, arugula, pickled onion, red onion, tomato, mozzarella, aioli, oven-roasted fries.

PIZZAS

- RATATOUILLE** 17
 Tomato sauce, crispy eggplant, zucchini, red peppers, tomato, red onion, fresh basil, garlic, mozzarella.
CHICKEN APPLE BRIE 18
 Béchamel, roasted chicken, merlot apples, roasted beets, red onion, arugula, brie, mozzarella.
FRUTTI DI MARE 18.5
 Lobster cream, shrimp, salmon gravlax, red onion, piquillo peppers, arugula, jalapeño hot sauce, mozzarella.

BE CREATIVE

ADD:

Shrimp	6	Oven-Roasted Fries	5
Chicken	6	Avocado	3
Salmon	6	Sweet + Local Potato Hash	5
Bison Chorizo	5	Side Mighty Kale Salad	8
Bacon	3.5	Fresh Fruit	6

Leyda's

VEGAN FRIENDLY - ASK FOR MODIFICATIONS
 PLEASE INFORM US OF ANY ALLERGIES